

RMSANZ Spasticity Management Level 1 Workshop | Saturday June 1 2024
Clinical Skills Centre, Level 1, Clinical Services Building,
St George Hospital, Gray St, Kogarah , NSW, 2217
Program Overview

This is the level one workshop is designed to familiarise attendees with the principles of spasticity management through the use of botulinum toxin. This workshop will cover the rationale and principles of practice for botulinum toxin use, including muscle selection, botulinum toxin dosage allocation and injection. This workshop will also familiarise the attendees with ultrasound and neurstimulator/EMG guided injections.

The target audience of this workshop are rehabilitation trainees and Fellows who require initial instruction, repeat their training or refresh their skills. The attendees will have opportunities to familiarise and work with the currently commercially available toxins and familiarise with their idiosyncratic features with the help of the instructors.

SESSION	TIME	SPEAKERS	PRESENTATION TITLE
Welcome and Introduction	0830 – 0840	Convenor: Dr. John Estelle	Welcome & Introduction
Session 1 0840 – 1030	0840 - 0930	Dr Ian Baguley	Pathophysiology and assessment of spasticity
	0930 - 1015	Dr John Estelle	Management of Spasticity and role of botulinum A
	1015 - 1030	Q & A	
1030 – 1100	MORNING TEA		
Session 2 1100 – 1230	1100 - 1130	Dr Warren Jennings-Bell	Principles of Ultrasound Muscle Delineation in Spasticity Management
	1130 - 1230	Drs Ian Baguley, John Estelle & Warren Jennings-Bell	Model demonstration, phantom injections and ultrasound practice- including Q & A
1230 – 1315	LUNCH		
Session 3 1315 – 1515	1315 - 1330	Drs John Estelle, Ian Baguley and Warren Jennings-Bell	Dilution and mixing of toxin
	1330 - 1500	Drs John Estelle, Warren Jennings-Bell, Victoria Peeva, & Myles Kwa.	Assessment and injection of patients: 4 stations x 2 patients
	1500 - 1515	Dr John Estelle	Q & A, Wrap up
	FINISH		